



# Incredible Bombay Mahakali Heights News

## July Edition



**Rotary Club of Bombay Mahakali Heights**



## THE FOUR-WAY TEST

*Of the things we think, say or do:*

*first*

Is it the **TRUTH**?

*second*

Is it **FAIR** to all concerned?

*third*

Will it build **GOODWILL** and  
**BETTER FRIENDSHIPS**?

*fourth*

Will it be **BENEFICIAL** to  
all concerned?

***Rotary Club of Bombay Mahakali Heights***

## ***President Speaks...***

Greetings to all of you from the incredible president desk.

As we step into a new chapter of service and fellowship, I want to express my heartfelt appreciation to each and every one of you for your unwavering dedication and commitment to our Rotary mission.

Our collective efforts in various projects, events have exemplified the true spirit of Rotary: "Service Above Self." It fills my heart with immense pride to witness the positive changes we have brought to the lives of those in need.

As we move forward, let us remember that every action, no matter how small, can contribute to the betterment of society. Our service knows no boundaries, and there are endless opportunities to create a lasting difference.

In the spirit of inclusivity, let us continue to embrace diversity and welcome new members who share our passion for service and are eager to contribute to our noble cause.

Together, we are a force for good, and I have no doubt that the impact we make will resonate for generations to come.

Yours in Rotary service,

Pinkky Rajgarhiya  
RCBMH president

**Installation Ceremony of Incredible President**  
**June 20, 2023**  
**Rtn. Pinky Rajgarhiya**  
Chief Guest Rtn. Arun Bhargava



**The Installation Ceremony was attended by 13 RCBMH members , 12 Dignitaries and 18 guests. Rtn. Pinky Rajgarhiya announced the various projects the club would be taking over in the Incredible Year under her leadership.**





**July 1st,2023** marked the beginning of a journey filled with compassion, service, and transformation.



**Club members gathered at Gurudwara to seek divine blessings which was followed by langar seva**

**8.00 a.m:** Hot Meals distributed at Sher e Punjab Gurudwara

Beneficiaries:150

Amount Spent: Rs.5,000/-



**With a commitment to serving humanity a Blood Donation Camp was inaugurated at Andheri Station by Dr. Nandini Gupta Mrs Bharat Icon 2019**



**10.00 a.m:** Blood Donation Camp, Andheri Station

Beneficiaries:25 Bottles collected

Amount Spent:Rs. 27,500/-



**Menstrual Hygiene message  
being given to girls of  
Shankar Wadi.**

**11.30 a.m:** Distribution of  
Sanitary Pads to girls at  
Shankar Wadi



Beneficiaries: 100

Amount Spent:Rs.5,000/-



**The underprivileged children in  
Shanker Wadi were served  
Langar by the club members.**

**12.00 Noon:** Food  
Distribution to Needy  
children



Beneficiaries:100

Amount Spent:Rs. 4,000/- Pg.6





## Hope and Support to individuals in need

**1.00 p.m.** Distribution of 2 Jaipur Foot / Legs through DG Arun Bhargava at Anand Niketan, Mahalaxmi

Beneficiaries:2  
Amount Spent:12,000/-



## Expressing Gratitude to Health Care Heroes

**5.30p.m.** Felicitation of Doctors in their respective dispensary.



Beneficiaries:5  
Amount Spent:Rs. 2,500/-



**Shielding from the Rains:  
Umbrella Distribution  
7.00 p.m. Umbrellas  
distributed at Appapada  
Malad**



Beneficiaries:100

Amount Spent:Rs. 30,000/-



Beneficiaries:100

Amount Spent:Rs. 30,000/-



**Umbrellas Distributed at Aarey Colony**



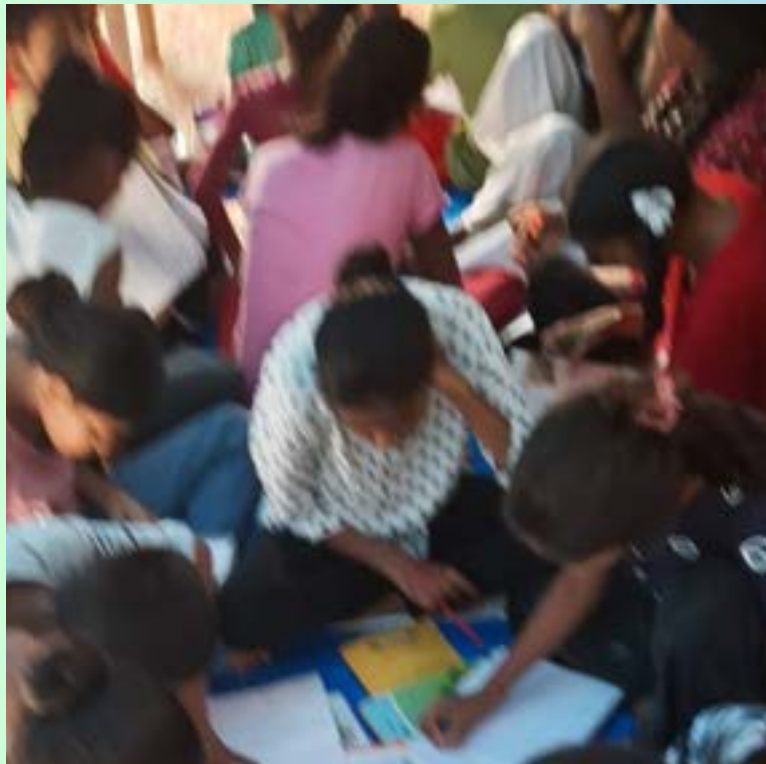


## **Footpath Classes**

**Mr. Sunil Anand extending his services for the poor children staying on footpath**

## **Support for Footpath Classes.**

Beneficiaries:50  
Amount Spent:Rs. 1600/-



## **Shelter in Rains**

### **Tarpaulin Sheets Distributed**

Beneficiaries:50  
Amount Spent:Rs. 1600/-







***Pinky Rajgarhiya works as AMBASSADOR for differently abled children***



**RCBMH celebrates Guru Purnima with Differently Abled Children at VDIS School situated in Malad West**

Beneficiaries:100

Amount Spent:Rs 5,000/-





## T - Shirt Distribution Naigoan

Beneficiaries:100

Amount Spent:20,000





**RCBMH provided  
Oxygen Concentrator to a  
Patient in Jogeshwari  
(East)**

Beneficiaries:1  
Amount Spent:5,000/-



**On 5th July 2023 Bournvita  
Packets, Chocolates and Story  
Books were distributed to children  
affected by HIV at Desire  
Society, Malad, Mumbai.**



Beneficiaries:50  
Amount Spent:5,000/-





**On 9th July 2023  
members planted trees  
at ALM Park.**

**Beneficiaries:100**

**Amount Spent:Rs. 5,000/-**



**On 11th July 2023  
RCBMH members got  
together to distribute  
Notebooks, Pencil sets,  
Chocolates and Biscuits  
to Angel Express  
students at ALM Park.(  
classes conducted for  
underprivileged  
children.)**

**Beneficiaries:50**

**Amount Spent:Rs. 5000/-**





**A Crib donated to  
Paediatric Ward  
of Cama Hospital  
on 12th July 2023**

**Beneficiaries: 50**

**Amount Spent:Rs. 9,000/-**



**A gratifying moment  
for RCBMH members  
when a electric sewing  
machine was handed  
over to an unwed  
mother on 13th July  
2023**



**Beneficiaries:10**

**Amount Spent:Rs. 10,000/-**





**On 13th July Tree Plantation Drive at Marol BEST DEPOT. AG Babli felicitated by RCC team.**

Beneficiaries:100  
Amount Spent:Rs. 5,000/-



**Notebooks and Chocolates distributed to street children at Lokhandwala on 15th July 2023.**

Beneficiaries:75  
Amount Spent:Rs. 3,000/-





**On 16th July 2023 In Nepal Dharan Maggi packets & Chocolates distributed to children with Special Needs in Rehabilitation Home.**



**Beneficiaries:50**

**Amount Spent:Rs. 2,500/-**



**Women Empowerment through Self Defence Training on 17th July 2023.**



**Beneficiaries:100**

**Amount Spent:Rs. 10,000/-**





**Sharing sweets, wafers with 600 specially abled children of VDIS on 18th July 2023.**



**Beneficiaries:600  
Amount Spent:Rs. 14,000/-**



**Distributed chocolate fudge to children in Malvani slum on 19th july 2023.**



**Beneficiaries:100  
Amount Spent:Rs. 2,500/-**



**Mensural Hygiene session conducted at Lodha Complex for maids, helpers and security women on 23rd July 2023.**

**It was followed by distribution of sanitary pads.**

**Beneficiaries:100**

**Amount Spent:Rs. 15,000/-**



**Hot Meals served to 150 security staff and housekeeping personnel of Rustomjee Ozone Goregaon Society. on 25th July 2023.**

**Beneficiaries:150**

**Amount Spent:Rs. 42,500/-**





## Distribution of Umbrellas to Conductors, Drivers and Cleaners of BEST Services. 28th July 2023.

Beneficiaries:100

Amount Spent:Rs. 30,000/-



**Mental Health Awareness Programme** organised in collaboration with four other clubs in Sher e Punjab Club on 29th July 2023.

### **SPEAKERS**

- Dr. Jyoti Maheshwari
- Dr. Milan Balakrishnan
- Dr. Gaurav Kulkarni
- Dr. Harish Shetty



Beneficiaries:40

Amount Spent:Rs. 25,000/-



**Eye Care Medical Camp organised for women aged 40 and above. Free Glasses distributed. 15 ladies were detected for cataract**

Beneficiaries:74

Amount Spent:Rs. 32,000/-



**Distribution of Notebooks, Chocolates and Maggi packets to Angle X Press students at ALM Park on 31st July 2023.**

Beneficiaries:60

Amount Spent:Rs. 10,000/-